

Finish-It February

WIP Decision Worksheet • Lite Version (Free)

No guilt. No pressure. Just honest decisions.



DECISION FRAMEWORK:

✓ Finish It if...

- You're more than 50% done
- You still love the pattern/colors
- You have all materials needed
- Finishing = dopamine boost!

✖ Frog It if...

- You dread working on it
- The yarn could be AMAZING in another project
- It's been untouched for 6+ months
- Frogging = giving yourself permission to let go!

💤 Forget It if...

- It's a "someday" project
- Missing key materials
- Season/occasion has passed
- Pausing = self-compassion!

Enhanced Decision Framework available in the interactive tool.

PROJECT

DECISION

Finish It

Frog It

Forget It

JOY LEVEL



BLOCKER

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This Week's Focus Project

Goal: Reach _____ % by _____

My celebration plan: _____